

# CHC33021 Certificate III in Individual Support Disability



## Are you ready to have a profound impact on peoples lives?

Now is the perfect time to kick-start your journey to begin one of the most fulfilling and vitally important career paths in the community services sector.

The CHC33015 Certificate III in Individual Support opens several career pathways to enrich and support individuals in the community, either living at home or in care and includes Disability, Ageing or Home and Community. Equip yourself with the skills needed to provide exceptional care for individuals with disabilities and join us in shaping a brighter future for our community.

This comprehensive course will prepare you to make a meaningful difference in the lives of those who need it most. Deliver personalised support to empower your clients in reaching their full potential, actively participating in their community, and striving towards their individual goals.

In this qualification, you will undertake a series of units designed to develop your skills and gain an understanding of the roles and responsibilities of a professional Disability support worker. These units will equip you with the knowledge and competencies required to obtain and excel in your role, emphasising compassion and ethics.

## Entry Requirements

There are no entry requirements for this qualification.  
Enquire today to check the eligibility requirements and delivery models.



## Career Prospects

- Support Worker
- Care Assistant  
(at Facilities & at Home)
- Disability School Support Officer
- Respite Worker
- Personal Care Assistant
- Behavioural & Community Support



## Ready to Enrol?

- Call (02) 9838 0567
- Visit [mets.edu.au](https://www.mets.edu.au)



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## Support and Delivery

METS Training Services are committed to providing our Learners with the support and resources necessary to enhance their training experience. We offer a range of standard and specialist student services to meet your needs across all modes of delivery.

Our students receive ongoing support from their own METS Trainer by regular visits to their service, via our METSOnline training portal, phone, email or online meetings. Learners also have access to METSOnline for all learning materials, assessment submission and enables communication of valuable information with students and ensures flexibility & accessibility to records and resources 24 hours a day, 7 days a week.

Whatever your needs or circumstances, we have the people, resources, facilities to support you in progressing in your studies.

\*If for some reason you do not have access to the internet, please contact our office to arrange an alternative study solution. Hard copies of learning materials can also be provided on request.

## Skills Recognition

Students may have attained knowledge and skills in the workplace and/or competencies in one or more units. RPL (recognition of prior learning) and CT (credit transfer) are available for each unit of competency, based on evidence provided, relevant workplace experience, formal training or other expertise relative to the sector.

## Work Placement

This qualification requires students to complete 120 hours of direct support work in at least one aged care, home and community, disability, or community service organisation, focusing on activities specified for CHCCCS040 - Support independence and wellbeing. These hours may be completed as part of the student's paid employment or as an unpaid practicum. Your METS Trainer will visit the workplace to assess learners on the job and/or via video conferencing throughout the qualification.

### Work placement requirements – 120 hours

Please note: Learners will require access to equipment relevant to workplace observations and in accordance to the performance criteria. As outlined in each unit assessment conditions, tasks must be completed in both a simulated environment and the workplace. Specifically, learners are required to: Provide personal support to people with individualised plans, using aids and equipment, including devices used by the person, to undertake each of the following in the workplace on three occasions. Simulation must occur prior to being assessed in the workplace. This ensures learners are adequately prepared through simulation before applying their skills in a real-world workplace setting. Further details can be found on <https://training.gov.au/Training/Details/CHC33021>.

Please note: If you are not currently working in the disability industry, you are required to complete an additional ten (10) hours of work placement in addition to the 120 hours. This extra placement provides you with the opportunity to practice the specific skills required in the sector. It is required that you have a qualified person holding a relevant higher level qualification to act as your practical supervisor during the course.

Your Trainer and METS staff are available if you need any assistance with discussing the arrangements with your chosen organisation or employer.



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## Funding and Payment Options

There are a wide variety of funding options available, from Government Funding and Subsidised Training through to fee-for-service. Flexible payment options and plans are available for all fee-paying students.



### Course Duration

12 Months as a Full-time Learner. Part-time study terms are also available.



### Units

Total number of units-15.  
9 Core Units,  
6 Elective Units.

<b>CHCCCS031</b>	Provide Individualised Support
<b>CHCCCS038</b>	Facilitate the empowerment of people receiving support
<b>CHCCCS040</b>	Support independence and wellbeing
<b>CHCCCS041</b>	Recognise healthy body systems
<b>CHCCOM005</b>	Communicate and work in Health or community services
<b>CHCDIV001</b>	Work with diverse People
<b>CHCLEG001</b>	Work legally and ethically
<b>HLTINF006</b>	Apply basic principles and practices of infection prevention and control
<b>HLTWHS002</b>	Follow safe work practices for direct client care
<b>CHCDIS011</b>	Contribute to ongoing skills developing using a strengths-based approach
<b>CHCDIS012</b>	Support community participation and social inclusion
<b>CHCDIS020</b>	Work effectively in disability support
<b>CHCCCS044</b>	Follow established person centred behaviour support
<b>CHCMHS001</b>	Work with people with mental health issues
<b>HLTAID011</b>	Provide First Aid



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